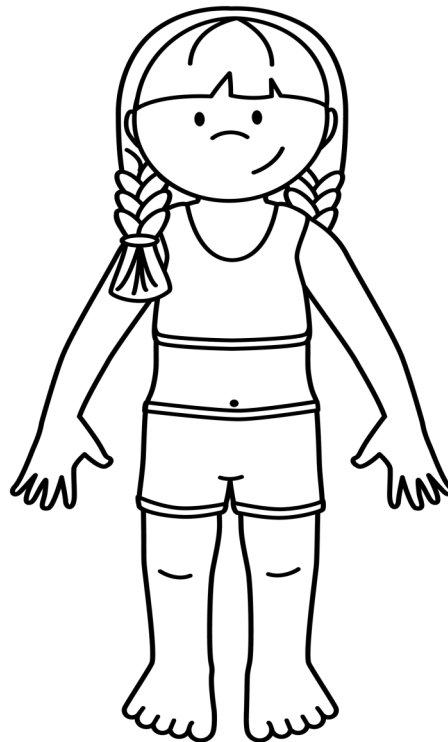
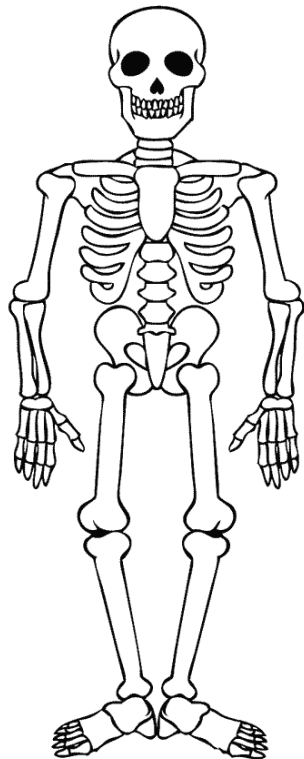
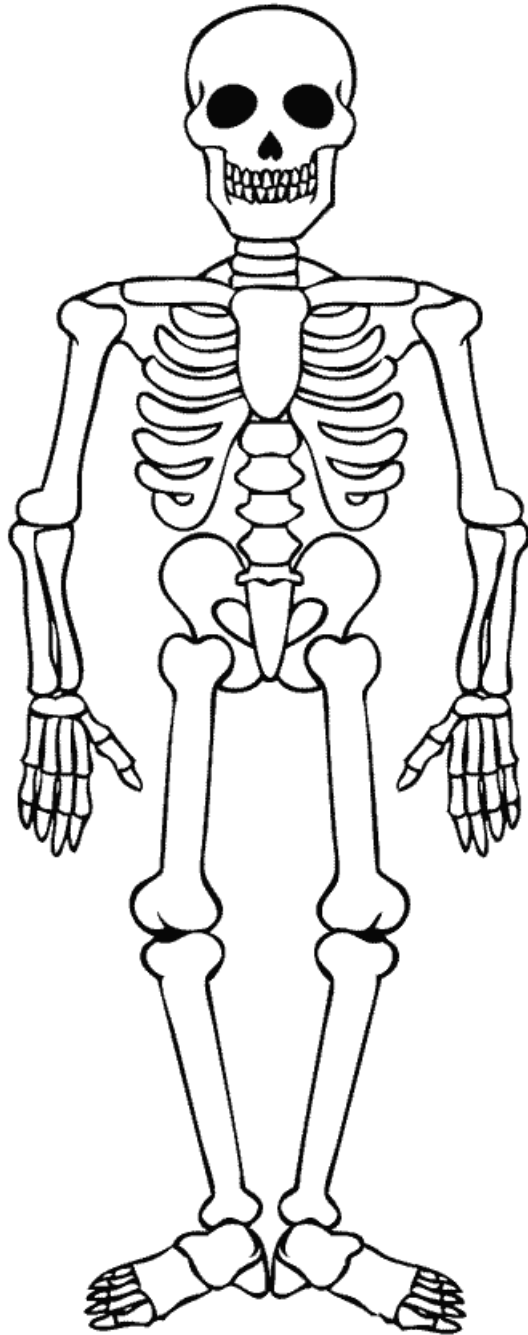


Human Body

Grade 1 & 2



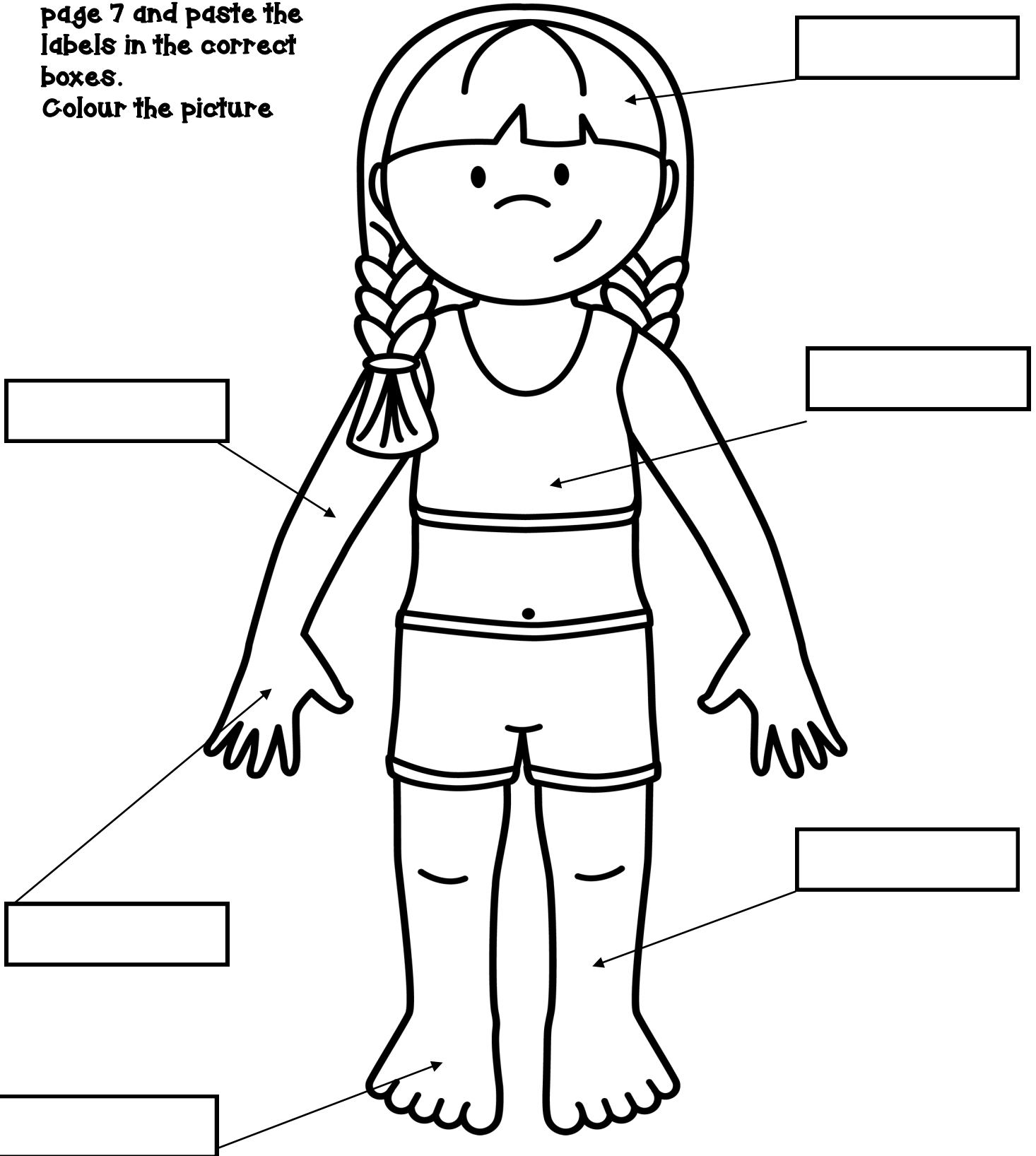
Human



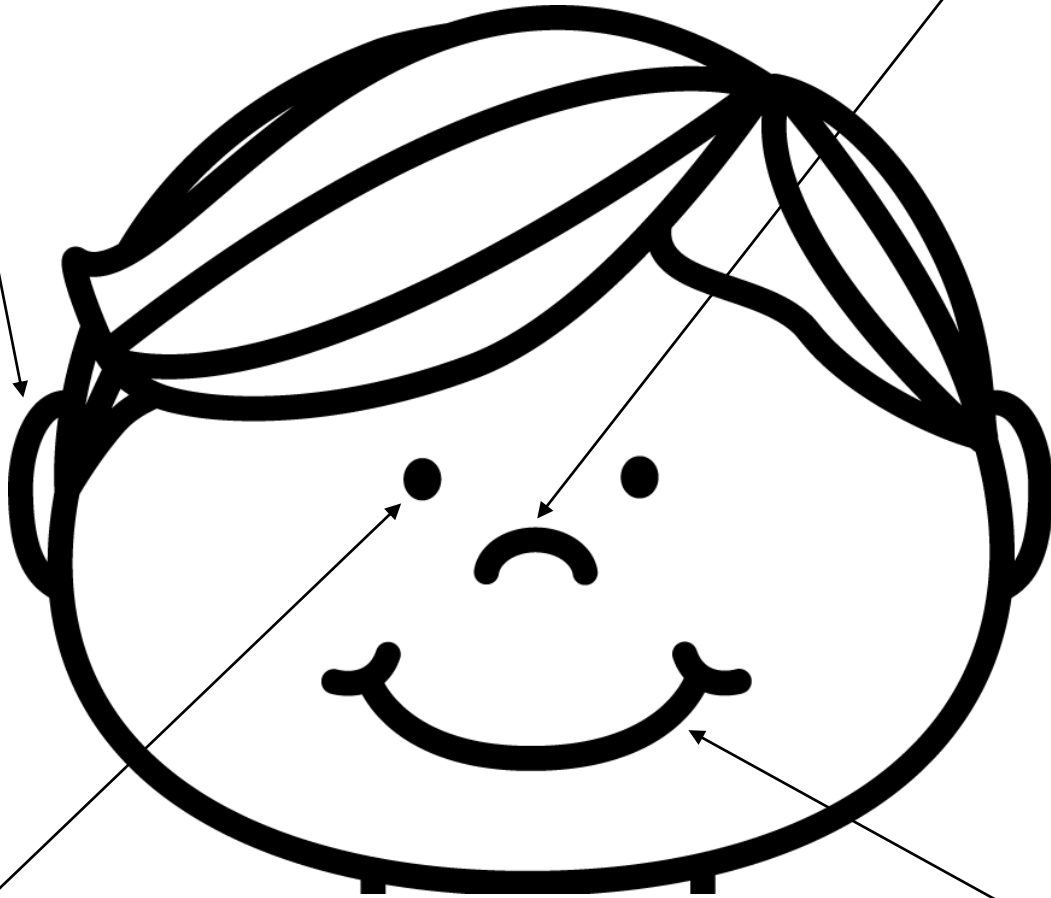
Body

Parts of the Human Body

- Cut out labels on page 7 and paste the labels in the correct boxes.
- Colour the picture



Parts of the Human Face



- Cut out labels on page 7 and paste them in the correct boxes.
- Colour the picture

All About Me

My Name is:

Age:

How Tall I am:

Draw a Picture of
yourself.



Movements

The human body can do lots of different movements List 3 movements.

Draw a picture of one of the movements.

1. _____

2. _____

3. _____



A movement I can do is: _____

Healthy Foods for our Body

The human body can digest foods to help us grow healthy and strong bones and muscles.

List 4 fruits, 4 meats, and 4 vegetables.

Draw a picture of 1 fruit, meat and vegetable on my healthy dinner plate.



Fruits

1. _____

2. _____

3. _____

4. _____



Meats

1. _____

2. _____

3. _____

4. _____



Vegetables

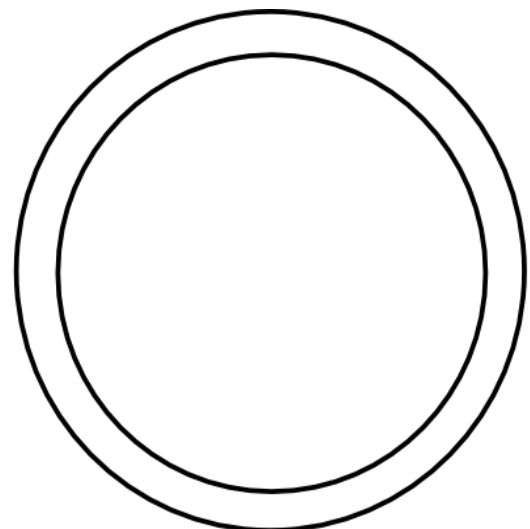
1. _____

2. _____

3. _____

4. _____

My Healthy Dinner



Helping Digest Food

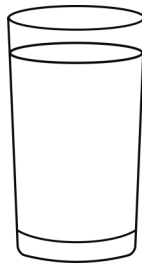
The human body can digest liquid to help us grow healthy, strong bones in our body.

List 4 liquid drinks below and Colour each glass. Blue is for water, orange is for orange juice, red and pink is for strawberry smoothie shakes & brown is for chocolate milk.

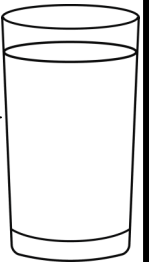


Drinks

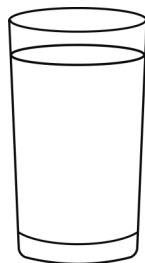
1. _____



4. _____

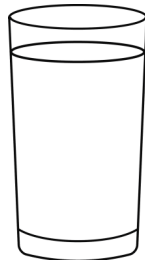


2. _____



Draw a picture of yourself drinking.

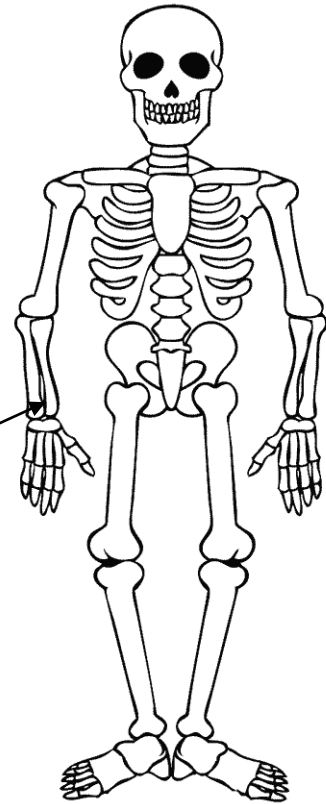
3. _____



My Healthy Drink is: _____

Inside the Human Body

- The Human Body has 3 layers.
- The 1st layer is the skin
- The 2nd layer is muscle
- The 3rd layer is many bones called a Skeleton



Instructions

On page 2 and 3 parts of the Human Body, Cut out the labels and paste them in correct boxes.

Head

Arm

Hand

Leg

Foot

Chest

Eyes

Nose

Mouth

Ears